

**NORDIC RACERS SKI CLUB**  
**Unsanctioned Activities Disclosure, Waiver & Release**

**MEMBERS MUST COMPLETE THIS FORM ONCE EACH YEAR, IF THEY WISH TO PARTICIPATE IN UNSANCTIONED ACTIVITIES OF THE NORDIC RACERS SKI CLUB; NON-MEMBERS MUST COMPLETE THIS FORM EACH TIME BEFORE PARTICIPATING. IF YOU SIGN THIS FORM, YOU ARE GIVING UP ALL RIGHTS YOU MAY HAVE TO SUE THE NORDIC RACERS SKI CLUB! READ THE ENTIRE FORM CAREFULLY BEFORE SIGNING!**

In this document, "Ski Organizations" means the Nordic Racers Ski Club, Cross Country British Columbia, Cross Country Canada, Biathlon Canada, and Biathlon British Columbia, and their directors, officers, employees, agents, members, and volunteers. "Unsanctioned Activities" means events and programs organized by the Nordic Racers Ski Club, other than cross country skiing training and competitions and related events and programs. Unsanctioned activities include but are not limited to backcountry skiing, bicycling, mountain bicycling, in-line roller skating, mountaineering, hiking, and rock climbing, and are identified as such in club publications and on its website.

**Disclosure and Assumption of Risk**

The Unsanctioned Activities are dangerous, and can injure or kill you. Their hazards include:

- ◆ Frostbite, hypothermia, and hyperthermia.
- ◆ Avalanches of snow, ice and rock.
- ◆ Falling rocks, people and equipment.
- ◆ Concealed hazards, including crevasses.
- ◆ Poor weather, including cold, wind, fog, snow and rain.
- ◆ Falls on steep, difficult and icy surfaces.
- ◆ Joint, ligament and cartilage injuries, fractures, and other musculo-skeletal damage.
- ◆ Steep, loose, slippery and exposed terrain.
- ◆ Inadequate equipment, and equipment failure.
- ◆ Risky driving conditions and traffic.
- ◆ Rough and unmaintained trails.
- ◆ Losing control of the bicycle due to excessive speed, unanticipated conditions, or difficult terrain.
- ◆ Collisions with trees, rocks, other bicyclists, automobiles, and other accidents.
- ◆ Wild animals.
- ◆ Companions who are inadequately prepared, skilled, or equipped.
- ◆ Errors of judgment.
- ◆ Lack of or inadequate preparation, skill, fitness, clothing or equipment.
- ◆ Events and programs that are largely or entirely organized by volunteers.
- ◆ The other hazards normally considered integral to these events and programs.

By signing this document, you are acknowledging and assuming all these risks.

**Release and Waiver of Liability**

In consideration of my being permitted to take part in Unsanctioned Activities, I for myself and my heirs, executors and assigns hereby

- a) agree to comply with any rules and regulations of the Ski Organizations governing Unsanctioned Activities, and
- b) declare that I have fully disclosed and will fully disclose all physical or mental disabilities, diseases, injuries, and conditions that may affect my safe participation in Unsanctioned Activities or activities of the Ski Organizations, or the safety of other participants, and
- c) waive any and all claims I may now or in the future have against the Ski Organizations arising from any and all personal injury, death, property damage or loss sustained by me arising from or in connection with my participation in Unsanctioned Activities, howsoever caused, and
- d) release and forever discharge the Ski Organizations from and against all demands, claims, actions, damages, costs and expenses arising from or with respect to death, injury, damage or loss to my person or property of any kind whatsoever, no matter how caused, in connection with my participation in Unsanctioned Activities even though the same may have been

contributed to or caused by the negligence, breach of contract, or breach of a duty of care of the Ski Organizations, and

- e) agree to hold harmless and indemnify the Ski Organizations from any and all liability for any damage or injury to the property or person of any third party resulting from my involvement in any Unsanctioned Activities.

I acknowledge that the Ski Organizations, in obtaining this waiver from me, are doing so for themselves, their members and all persons acting under their authority. In the event that I act in any capacity for the Ski Organizations, I appoint them as my agent for the purpose of obtaining an indemnity and release of liability from other members and persons participating in Unsanctioned Activities.

**Adults: You must be an adult (19 or over) when you sign this form.**

I AM NINETEEN YEARS OF AGE OR OLDER. I HAVE READ AND UNDERSTAND THIS DISCLOSURE, INDEMNITY AND RELEASE OF LIABILITY AND, I ACCEPT ITS TERMS.

***Print out the foregoing sentence below!***

I AM \_\_\_\_\_

In witness whereof, I have hereunder set my hand this \_\_\_ day of \_\_\_\_\_, 200\_\_.

\_\_\_\_\_  
signature of participant

\_\_\_\_\_  
signature of witness

\_\_\_\_\_  
print full name legibly

\_\_\_\_\_  
print full name legibly

**Minors: Complete the following if there are any children participating. Fill in the names of each child, and sign below.**

I/WE CONSENT TO MY/OUR CHILD/CHILDREN PARTICIPATING IN UNSANCTIONED ACTIVITIES, AND ACTIVITIES ORGANIZED BY THE SKI ORGANIZATIONS.

***Print out the foregoing sentence below!***

I/WE CONSENT \_\_\_\_\_

1. \_\_\_\_\_  
child's full name (print)

2. \_\_\_\_\_  
child's full name (print)

\_\_\_\_\_  
birthdate

\_\_\_\_\_  
birthdate

1. \_\_\_\_\_  
parent/guardian signature  
(If there are two parents/legal guardians, both must sign.)

2. \_\_\_\_\_  
parent/guardian signature

\_\_\_\_\_  
print parent's name

\_\_\_\_\_  
print parent's name